AHEC Meeting Minutes

Date: Wednesday, July 13, 2022, 8:00pm @ East Courtyard

Attendees:

Yanina

Xiaowei

Akhilan

Adam

Narumi

Bruno

Minutes: Xiaowei

[Discussion] Meeting with SPEC

* SPEC wants to meet to discuss orientation
* AHEC and chairs will fill out when2meet

[New] Door dampers broken

* Yanina will email Denise about it

[Update] Report back from any outside meetings

* No outside meeting
* GSC AC meeting soon

[Discussion] Orientation schedule

* We will discuss this after meeting with SPEC
* SPEC wants to swap their BBQ and dance party, but we can’t move our dance party
* Narumi will meet with Naomi this Friday to go through logistics of Dance party

[Discussion] HoH orientation dinner scheduling

* Dessert night will happen Thursday, Sep 1
* Adam will avoid dessert night, and try to avoid speed friending as well

[Update] Hulsizer kitchen

* + No update
  + John the mechanic is back

[Update] Thirsty Ear

* Alex sent email about reopening

[Discussion] Inactive officers

* Yanina got the email reply

[Update] Check suggestion box for entries

* Nothing

[Update] Gym equipment

* Denise replied, working on it

[Update] Joint events with CoSI

* No reply yet. Yanina will follow up

[Update] Website related stuff

* No updates
* We should schedule a meeting with webmasters

[Update] Sustainability

* MIT water summit; recycling wasted waters
* Open to other ideas
* We could share the email with residents

[Update] Officer of the month for June

* Sent out a survey

[Update] Old links on Ashdown website

* Updated

[Update] Setting up Ashdown subscriptions to Costco, Instacart, Netflix etc.

* Amogh will follow up again

[Update] Computer room renovation

* Dennis got back and said he will follow up

[Update] Mental wellness events

* Akhilan looked into it
* Medical community wellness has classes
  + Mental fitness event – Ashdown / SP / Warehouse
* REF can come in and give talks about mental wellness
* We can have wellness coaching workshop run by MIT; they are free
* Apply MindHandHeart funding; we can have a panel discussion where we invite senior grad students to share experience, to talk about academic and non-academic
  + We can have it as a recurring event; we could do maybe 2-3 times a semester
  + The event may have to be open to MIT undergrad and grad community (?) we need to check
* Or, we can do something that actually focus on doing something that promote wellness, relaxing, distressing
  + We would ideally have an officer helping with organizing
  + We can talk with Anup about the ideas

[Update] Contraceptives in public restrooms

* Supplies coming

[Update] New AHEC closet keys

* To be fixed
* Denise working on it

[Update] Hulsizer keys

* We just need to check with Denise;

[Update] Swag Inventory

* Xiaowei will update

[Update] Sending out orientation slides

* Akhilan sent them out

Presided by: Akhilan

Meeting adjourned