### **AHEC Meeting Minutes**

Date: Tuesday, January 12, 2021, 8:00pm @Zoom

Attendees:

Adam

Allison

Amanda

Andrew

Haosheng

Katie

Kruthika

Minutes: Jacqueline

### [Update] Outside meetings

GSC: noneActivities: none

- HCA: none
  - w/Naomi: fire safety training on the way; planning to hold regular officer meetings (every 4<sup>th</sup> Monday) across grad dorms to stay in touch & combine events
- Operations: not actively considering drop-off testing and Harvard system, as it would be difficult to implement with current tracking system
  - Adam shared interest from students in drop-off system
- Sustainability: none
- AHEC to attend meeting with Naomi on 25 January at 4 PM
  - Forward email link to all officers?
    - Allison to check with Naomi which officers she wants to attend

#### [Update] Suggestion box

Nothing

#### [Update] 3AM newsletter

- Pushed back deadline to 31 January to give a week and a half for competition
  - Still deciding on contest, could do winter photos
- Current outline: New Year letter from HoH, Winter Festival, puzzle corner, uplifting news, kids' corner

# [Update] Next steps in opening aerobics and weight room

- Haven't heard back from David yet
  - Adam to email David if don't hear back by end of week
- Other houses are also looking to open gyms, so might have a lot to deal with
- MIT gyms are underutilized right now (could stand for 25% more occupancy under COVID guidelines)

- Could mention in email to residents as it's already open
- Andrew drafted potential email to send out once specifics are approved, can insert link to reservation system

#### [Update] Nametags for incoming residents

- Considering making nametags for incoming residents
- Need to know how many people are coming in IAP/Spring; if not a lot, wait until spring
  - Adam to check on how many people are moving in

#### [Discussion] Winter Officer hiring

- No new submissions from interested applicants since the 4<sup>th</sup>, most recent submissions mostly from current officers
  - Haosheng to email decisions & send out email again to get more applications
- Have had 4 interviews so far, waiting on follow-ups to schedule more
- Try to fill Events Committee; assign interested apps to Events for now with option to switch in future
- For future movie nights, could give reimbursement for people to rent movies on Amazon and watch together

### [Update] Action items

- Keeping on track with action items
  - AHEC to email Amanda about which action items have already been addressed or should remain
- · Remaining items of note
  - Following up with David on bike room
  - Redesigning Ashdown logo as community event? New year, new Ashdown
    - Submit entries through Slack/Google form/email to build engagement
    - Vote until next big virtual event, then unveil new logo w/ prize giveaway
    - Andrew to draft email

#### [Update] Mental Health app initiative

- Mental health apps to provide access to students who need a little boost but are having trouble getting appointments or would appreciate general wellness/mindfulness tips
- Doctor at MIT Medical suggested giving talk to Ashdown about SMHC, telemedicine
  - Don't know enough about mental health apps to help with this
- MIT might not feel comfortable backing private companies
  - Might support app reimbursements as sleep aid or mindfulness
  - MIT gave 3 months free access to WellBeats so this won't be too far off
- Adam to follow up with Dave Randall on this to see what Housing can do
- Amanda to ask Naomi about mindfulness/wellness app proposal & look into free subscriptions for educators
- Amanda to ask Dr. Hsi about connecting to Mental Health officer for multiple dorms & ask Deirdre about events with MIT Mental Health

# [Update] Card readers

· Adam to check with David

# [Update] MIT Housing bike auction

- In the past grad dorms have auctioned off bikes left behind; bikes would be tagged and auctioned off if not claimed
- Can't do this right now given turnover since some people couldn't claim bikes right now, but MIT police might have one on the way

# [Update] Status of last semester's arson incident

· Police are looking into it, haven't heard anything else on it

### [Update] Pen pal program

• Already have 13 people signed up for it, will send out pairings over weekend

Presided by: Amanda Meeting adjourned